Regional Nail Contests 2018

Note: Pedicure and Oral Assessment will be competed at the state level only. Theme for Nail Art is Student's Choice.

Supplied by the Technical Committee at the contest site:

- Work Area/Stations
- All necessary information for judges
- Computer for judges to review nail art submissions
- Provide observer area.(only if available)

Supplied by the Contestant:
Some of the items may not be used in the contest, but we ask that you bring them to show job preparedness.

General supplies:

- _____Two #2 pencils, sharpened
- _____One page type written resume
- _____Terry towels (no holes or stains)- at least eight (8)
- _____Paper towels
- _____1 gallon of water
- _____Disposable table towels
- _____Cuticle nippers
- _____Acrylic nippers
- _____Nail files (NEW for EACH sculptured, gel and pedicure procedures)
- _____Buffing blocks (NEW for EACH sculptured and gel procedures)
- _____One cuts/tip cutters
- _____Manicure table lamp(optional) UV/LED Lamp and **EXTENTION CORD**
- _____Pedicure Slippers

Sanitation & Disinfection/Health Safety Supplies:

- _____Plastic bags for disposal and refuse
- _____Gloves
- _____ Hand sanitizer for contestant and model
- _____Disinfectant for table
- _____ Disinfectant tray system with solution (for implements)
- _____ Safety glasses for contestant and model. Corrective eyewear is acceptable if needed.
- _____ Face mask for contestant and model

- _____Professional grade disinfectant- tuberculocidal
- _____Iodine and Band-Aids
- _____Plastic bag labeled "BIO HAZARD" (in case of blood spill)

Sculptured Nail Application Supplies:

- _____Plastic manicure brush (NEW)
- _____White and pink nail powder- Jars must be in a manufacturer container
- _____Acrylic nail liquid
- _____Primer/dehydrator
- _____Acrylic nail brush
- _____Brush cleaner
- _____Sculptured nail forms
- _____Liquid dappen dishes **with** lids

***** NOTE**: Monomer, polymer, and primer **MUST** be of the same manufacturer. The following items **will NOT** be allowed: Lotion and buffing crème or electric files and drills.

Tip Application with UV / LED Gel Overlay Supplies:

Clear or Natural Full Well or Half Well Tips- ** NO-WELL TIPS ARE NOT ALLOWED ** NO WHITE TIPS

All Items needed for UV/LED Gel Coat <u>including</u> UV/LED Lamp .

Pedicure Application Supplies:

- _____Plastic manicure brush (NEW)
- _____Toe nail clippers
- _____Orangewood sticks
- _____Professional grade pedicure products:
  - Anti bacterial foot soak
  - Skin softener/callus softener
  - Exfoliating scrub
  - Massage lotion/oil
- _____Top coat- clear
- _____Base coat
- _____Red nail polish or lacquer
- _____Polish remover and pads
- _____Polish dryer
- _____Toe separators
- _____Disinfectable or disposable foot file (NEW)
- _____Natural nail files
- _____Water basin or portable foot spa

*****NOTE for pedicure**- The following items **will NOT** be allowed: Pumice stones, or razors and blades.

Polish Application Supplies:

- _____ Cuticle oil- may be NOT be used for acrylic application, only after polish and nail art.
- _____Top coat- clear
- _____Base coat

- _____Red nail polish or lacquer
- _____Polish remover and pads
- _____Polish dryer
- _____Orangewood sticks

Nail Art Supplies:

- _____ Nail polish or Lacquer
- _____Top coat or sealer
- _____Striping polish
- _____Flat art brushes and paint
- _____Written description of nail art theme. Type written and contained in a plastic sleeve.
- _____A CD or USB Drive with a digital photo of nail art to be created during contest. Photo may include props.

  ***NOTE for nail art- The following items **will NOT** be allowed: gems, skins, feathers, rhinestones, glitter, threads, fabric, foils, beads, tapes, jewelry, air brushing, decals/stencils, cast moldings, or 3D medium art. Lotion and buffing crème.

Oral Consultation:

- _____Three (3) to four (4) minute oral consultation on the benefits of natural nail care. Props may be used. The consultation should include the following points:
  - Recommended natural nail care
  - Results the client should expect
  - The home care products the client would need to purchase and use to obtain these results.

All items and products **MUST** be of a professional grade.
Other Items- anything you bring that is **NOT** on the above list, to use in the contest, must be shown to the contest chairperson for approval before use during the competition.

Contest Information

Skill Performance
The written test will assess contestant theory knowledge. The separate skill performance tests assess skills in safety and sanitation, natural nail care, artificial nails, and nail lacquer and art application. Observations during each segment and evaluation of the finished product will be considered in the scoring.

Contest Guidelines

1. Contestants are not permitted to touch their models before the competition begins or between segments
2. All contestants must bring a model for the competition
3. Time limits:
   60 minutes for Sculptured Nail Application
   60 minutes for Tips/UV/LED Gel Coat Application
   30 minutes for Pedicure Procedure (one foot)
   1 hour and 30 minutes for polish and flat nail art applications.
   30-45 minutes for written examination
   3 to 4 minutes for Oral Consultation per Contestant

   All segments of work must be completed in the specified time during competition

Disqualification or penalty points taken can occur for the following:

- Any rule not followed, with NO exceptions!

- Leaving competition area before completion of model (applies to both contestant and model) without proper escort
- Unauthorized use of a product that is not allowed or that doesn't appear in the above listing.
- Any product that appears to have been altered.

**Conversation between contestant and model is limited. Communication with observers, judges and other contestants is prohibited during the contest.

REGIONAL COMPETITION MAY NOT FOLLOW THE ORDER OF THIS OUTLINE
This is just a guide

Sculptured Nail Application- 60 minutes

- Contestants will be given 60 minutes to complete this application on the left hand. Judging will take place at the end of 60 minutes.
- Contestant will perform a sculpture application, using the product of their choice.
- **Possible Points 200**

Tip Application with UV/LED Gel Overlay - 60 minutes

- Contestants will be given 60 minutes to complete this application on the right hand. Judging will take place at the end of 60 minutes.
- Contestant will perform a UV/LED Gel overlay of a Tip, using the product of their choice.
- Contestants may use full tips. **This procedure should show the skill set of blending and applying the proper size tip for the nail plate.**
- **Possible Points 200**

Polish Application and Nail Art: 90 minutes

- Contestants will be given 90 minutes **TOTAL** to apply RED polish on the left hand (sculptured nail application) and Nail art on the right hand (UV/LED Gel Tip Overlay). Clear top coat.
- **Possible Points 150 (50pts. Polish and 100pts Nail Art)**

WRITTEN EXAM- THEORY:

- 50 question multiple choice theory test
- **Possible Points 100**

SAFETY AND PROFESSIONALISM:

- Judges through every application and procedure during the contest.
- **Possible Points 100**