Regional Nail Care Contest

Note: Pedicure and Oral Assessment will be competed at the state level only.

Theme for Nail Art is: Student’s Choice

Supplies and Materials: Provided by Contestant
Some of the items may not be used in the contest, but we ask that you bring them to show job preparedness.

General supplies:

- Two #2 pencils, sharpened
- One-page type written resume
- Terry towels (no holes or stains)- at least eight (8)
- Paper towels
- 1 gallon of water
- Disposable table towels
- Cuticle nippers
- Acrylic nippers
- Nail files (NEW for EACH nail procedure- sculptured, gel and pedicure procedures)
- Buffing blocks (NEW for EACH sculptured and gel procedures)
- One cuts/tip cutters
- Manicure table lamp (optional) UV/LED Lamp and EXTENSION CORD
- Pedicure Slippers

Sanitation & Disinfection/Health Safety Supplies:

- Plastic bags for disposal and refuse
- Gloves
- Hand sanitizer for contestant and model
- Disinfectant for table
- Disinfectant tray system with solution (for implements)
- Safety glasses for contestant and model. Corrective eyewear is acceptable if needed.
- Face mask for contestant and model
- Professional grade disinfectant- tuberculocidal
- Iodine and Band-Aids
- Plastic bag labeled “BIOHAZARD” (in case of blood spill)
Sculptured Nail Application Supplies:

- Plastic manicure brush (NEW)
- White and pink nail powder - Jars must be in a manufacturer container
- Acrylic nail liquid
- Primer/dehydrator
- Acrylic nail brush
- Brush cleaner
- Sculptured nail forms
- Liquid dappen dishes with lids

*** NOTE: Monomer, polymer, and primer MUST be of the same manufacturer.

The following items are NOT allowed:
- Lotion and buffing crème
- Electric files and drills.

Tip Application with UV / LED Gel Overlay Supplies:

- Clear or Natural Full Well or Half Well Tips
- All Items needed for UV/LED Gel Coat including UV/LED Lamp.

*** NOTE: May be a hard gel or a hybrid gel/acrylic product.

The following items are NOT allowed:
- No-well tips
- White tips
- Gel polish
- Temporary gels
- No-light gels

Polish Application Supplies:

- Cuticle oil
  - May NOT be used for acrylic application, only after polish and nail art.
- Top coat - clear
- Base coat
- Red nail polish
- Polish remover and pads
- Polish dryer
- Orangewood sticks
Nail Art Supplies:

- Nail polish or Lacquer
- Top coat or sealer
- Striping polish
- Flat art brushes and paint
- Type-written description of nail art theme in a plastic sheet protector.
- A USB Drive with a digital photo of nail art to be created during contest. Photo may include props.

The following items are NOT allowed:

- Gems
- Skins
- Feathers
- Rhinestones larger than 20ss
- Threads
- Fabric
- Foils
- Beads
- Tapes
- Jewelry
- Air brushing
- Decals/stencils
- Cast moldings
- 3D medium art
- Lotion and buffing crème
- Electric files and drills

**UPDATE 2019:** Permitted items to complete the flat nail art application: Medium choices: acrylic paints, polishes/lacquers, colored powders (acrylic and dip), gel polish, rhinestones sizes 20ss and under, glitters and dusts, and adhesives, i.e., gel top coats/glue

**Other Information:**

- No pre-prepared items can be used
- Items are limited to those intended for use on nails
- Top coat may be used as a sealer
- All items and products MUST be of a professional grade (i.e. only those licensed or in school for licensure can obtain)
- Items that are not listed above that you plan to use in the contest must be shown to the contest chairperson for approval prior to the start of the contest.
Contest Information

Skill Performance
The written test will assess contestant theory knowledge. The separate skill performance tests assess skills in safety and sanitation, natural nail care, artificial nails, and nail lacquer and art application. Observations during each segment and evaluation of the finished product will be considered in the scoring.

Contest Guidelines
1. Contestants are not permitted to touch their models before the competition begins or between segments.
2. All contestants must bring a model for the competition who is registered for the event.
3. Time limits:
   - 60 minutes for Sculptured Nail Application
   - 60 minutes for Tips/UV/LED Gel Coat Application
   - 30 minutes for Pedicure Procedure (one foot) **STATE ONLY**
   - 1 hour and 30 minutes for polish and flat nail art applications.
   - 30-45 minutes for written examination
   - 3 to 4 minutes for Oral Consultation per Contestant **STATE ONLY**
All segments of work must be completed in the specified time during competition.

Disqualification or penalties may occur for the following:
- Any rule not followed, with NO exceptions!
- Leaving competition area before completion of model (applies to both contestant and model) without proper escort
- Failure to arrive prepared with all supplies listed above
- Use of products prohibited above, or use of products not listed without prior approval
- Any product that appears to have been altered

**Conversation between contestant and model is limited. Communication with observers, judges and other contestants is prohibited during the contest.**
**TENTATIVE REGIONAL COMPETITION SCHEDULE**

**Check with the contest coordinator on the day of the event for more information on your regional contest schedule. The information below should be used as a guide only.**

**Sculptured Nail Application - 60 minutes**
- Contestants will be given 60 minutes to complete this application on the left hand. Judging will take place at the end of 60 minutes.
- Contestant will perform a sculpture application, using the product of their choice.
- Possible Points 200

**Tip Application with UV/LED Gel Overlay - 60 minutes**
- Contestants will be given 60 minutes to complete this application on the right hand. Judging will take place at the end of 60 minutes.
- Contestant will perform a UV/LED Gel overlay of a Tip, using the product of their choice.
- Contestants may use full tips. **This procedure should show the skill set of blending and applying the proper size tip for the nail plate.**
- Possible Points 200

**Polish Application and Nail Art: 90 minutes**
- Contestants will be given 90 minutes TOTAL to apply RED polish on the left hand (sculptured nail application) and Nail art on the right hand (UV/LED Gel Tip Overlay). Clear top coat.
- Possible Points 150 (50pts. Polish and 100pts Nail Art)

**Written Exam - Theory:**
- 50 question multiple choice theory test
- Possible Points 100

**Safety and Professionalism:**
- Judged through every application and procedure during the contest
- Possible Points 100